## AUGUST 2020

## EAST KNOX JR/SR HIGH LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 HAVE A GREAT YEAR  Class of 2021	4	5	6	7 WELCOME TO THE JR/SR HIGH	<b>News</b> CHEF SALAD  FRESH SEASONAL FRUIT  FRESH VEGGIE BAR
10	11	12	13	14	BREAKFAST IS FREE TO ALL STUDENTS!!  MENU IS SUBJECT TO CHANGE!!
17	19r/Sr High Lunch Prices Students \$2.50 Reduced \$.40 Milk \$.50 Adults \$2.75	19	20 FREE REDUCED APPLICATIONS ARE AVAILABLE IN BUILDING OFFICES & AT ekschools.org	21	BULLDOG HAPPENINGS: SEPTEMBER 7 <sup>TH</sup> NO SCHOOL
24 DELI SUBS PEANUT BUTTER & JELLY GREEN BEANS FRUIT CUPS MILK	25CHICKEN PATTY/BUN FRENCH BREAD PIZZA PEAS & CARROTS MIX TROPICAL FRUIT MILK	26 CHICKEN WRAP PEANUT BUTTER & JELLY PRINCE CHARLES PINEAPPLE MILK	27 QUESADILLA DELI SUB MIXED VEGGIES MANDARIN ORANGEES MILK	28 CHICKEN STIRPS/ROLL CHEESE PIZZA NORMANDY BLEND STRAWBERRY CUPS MILK	Welcome back to
31 CORN DOGS CHICKEN PATTY/BUN BAKED BEANS PEACHES MILK	1 BEEF ENCHILADES DELI SUB REFRIED BEANS MIX TROPICAL FRUIT MILK	2CHICKEN POT PIE/BISCUIT CHICKEN WRAP CORN PINEAPPLE MILK	3 CHICKEN PARMESAN/BUN DELI SUB CALIFORNIA BLEND MANDARIN ORANGES MILK	4 POPCORN CHICKEN/ROLL PEPPERONI PIZZA SCALLOP POTATOES MIX BERRY CUPS MILK	THIS INSTITUTION IS AN EQUAL OPPURTUNITY PROVIDER